

## As the Zi family,

We are committed to becoming one of the world's most assertive Pilates equipment manufacturers with our thousands of happy customers (and our strength we get from their experience), our global marketing activities, high quality and most affordable prices.

As Zi Pilates, we blend the products we manufacture with the precise and state-of-the-art technology like an artist. Our goal is not only to manufacture a marvellous product, but also to work with everlasting excitement and energy for the better.

Welcome to the Zi family!



## Zi Studio Reformer



Zi Studio Reformer

## SKU: Z00011

## Tech

Experience nearly-zero-silence driving pleasure with the new generation Silent Drive wheel system.

We have brought great innovation to the pulley systems used in Reformer machines so far. Now thanks to the pulley system with an ability of 360-degree mobility, raspy noises, especially in circle movements, are completely isolated. With our newly developed spring technology, it is impossible to hear the smallest popping out, resonance and similar sounds in the springs. A more comfortable driving experience than ever before is now waiting for you


Zi Studio Reformer


The most important point of the spring operating mechanism on the reformer is that it provides safety and consistent resistance. When this safety and consistent resistance is integrated into a zero-silence operating mechanism, you'll have workouts that you indulge in excellently. ZiPilates ${ }^{\text {TM }}$ own and unprecedented new generation spring technology was specially designed for the Reformer. All steel parts are
plated with nickel chrome. It does not lose its clean and bright appearance on the first day for many years. Thanks to special colorcoded hooks, tapered tips and ZiPilates' own special spring-head technology, you do not have problems with springs such as popping out and resonance.

## Zi Studio Reformer

SKU: Z00011

## DESCRIPTION

- Body made of solid beech wood
- Slide system with 5 springs
- The possibility of driving in silence close to zero decibels thanks to Silent Drive driving technology
- Thanks to the improved footbar system, you can easily switch to any of 4 different footbar angles you need without straightening yourself up.
- Gearbar with 3 different resistance levels.
- One-hand adjustable head setting optimized for 3 different neck positions.
- Resistance spring made of 5 pcs. nickel plated. (light, medium, medium-hard, hard)
- Meet the improved spring technology that prevents springs from popping out and making raspy noises. You will no longer hear any slightest rattle from your springs.
- Foam mattresses without any collapse problem.
- Adjustable and removable shoulder heads for wide and narrow shoulder sizes.
- Meet the new generation of pulley heads, which we have developed to eliminate raspy noises caused by reels, especially in circular movements. Now your workouts are in zero silence!
- Footbar made of rubber and coated with antibacterial leather that prevents your feet from slipping, turning and possible injuries.
- It has never been easier to slot the jumping board. Thanks to the newly developed system, simply put the jumping board into place in a few seconds without interrupting your workout.
- You bought a reformer, but it wasn't enough for you? No problem! In ZiPilates' reformers, all assembly locations are readily delivered, which can be converted into Tower or even the Reformer Cadillac. You have a chance to upgrade to a higher version anytime you wish!


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## Zi Studio Reformer with Tower



Zi Studio Reformer with Tower

SKU: Z00012
DIMENSIONS
$240 \times 70 \times 35 \mathrm{~cm}$

INCLUDED ACCESSORIES (IN ADDITION TO REFORMER SPECIFICATIONS)

## Tech

Experience nearly-zero-silence driving pleasure with the new generation Silent Drive wheel system.

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With our newly developed spring technology, it is impossible to hear the smallest popping out, resonance and similar sounds in the springs. A more comfortable driving experience than ever before is now waiting for you.

1 Pair Wooden Leather Handle
1 Piece Mat Converter
1 Piece Pushthrough Bar
1 Piece Rolldown Bar


## Zi Studio Reformer with Tower

SKU: Z00012

The most important point of the spring operating mechanism on the reformer is that it provides safety and consistent resistance. When this safety and consistent resistance is integrated into a zero-silence operating mechanism, you'll have workouts that you indulge in excellently. ZiPilates ${ }^{\text {™ }}$ own and unprecedented new generation spring technology was specially designed for the Reformer. All steel parts are
plated with nickel chrome. It does not lose its clean and bright appearance on the first day for many years. Thanks to special color-coded hooks, tapered tips and ZiPilates' own special spring-head technology, you do not have problems with springs such as popping out and resonance.



Zi Studio Reformer with Tower

DESCRIPTION

- Body made of solid beech wood.
- Slide system with 5 springs
- The possibility of driving in silence close to zero decibels thanks to Silent Drive driving technology.
- Thanks to the improved footbar system, you can easily switch to any of 4 different footbar angles you need without straightening yourself up.
- Gearbar with 3 different resistance levels.
- One-hand adjustable head setting optimized for 3 different neck positions.
- Resistance spring made of 5 pcs. nickel plated steel. (light, medium, medium-hard, hard)
- Meet the improved spring technology that prevents springs from popping out and making raspy noises. You will no longer hear any slightest rattle from your springs.
- Foam mattresses without any collapse problem.
- Removable shoulder rests for tower exercises.
- Meet the new generation of pulley heads, which we have developed to eliminate raspy noises caused by reels, especially in circular movements. Now your workouts are in zero silence!
- Footbar made of rubber and coated with antibacterial leather that prevents your feet from slipping, turning and possible injuries.
- It has never been easier to slot the jumping board. Thanks to the newly developed system, simply put the jumping board into place in a few seconds without interrupting your workout.
- Infinitely adjustable bushing system on the tower.
- Tower frame made of $100 \%$ chrome material





## Zi Cadillac



## Zi Cadillac



The Cadillac is a high-end pilates machine that is very enjoyable to exercise on, allowing easy fulfilment of high-level exercises for an advanced sportsperson and postural analysis and postural rehabilitation for beginners.

TECH
With our newly developed spring technology, it is impossible to hear the smallest popping out, resonance and similar sounds in the springs. A more comfortable driving experience than ever before is now waiting for you.

DIMENSIONS
$240 \times 70 \times 55 \mathrm{~cm}$

Case height: Can be selected as 35 cm or 55 cm .

Total ground clearance: 200cm ~ 220cm*
*Only adjustable on 55 cm .

Body made of solid beech wood.

## Zi Cadillac

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## SKU: Z00013

## INCLUDED ACCESSORIES

1 Pair Double Loop Handle
1 Pair Rope
1 Piece Box
2 Pcs Blue (long),
2 Pcs Blue (short),
2 Pcs Red (short),
2 Pcs Yellow (long),
2 Pcs Yellow (short),
2 Pcs Black (short) On Cadillac
1 Piece Wooden Swing
1 Piece Under-swing Band
1 Pair Fuzzy Loop
1 Piece Safety Strap
1 Piece Footstrap
1 Pair Wood/leather Rotatory Handle.
24 Pieces Of Special Coated Carabiner.
1 Piece Horizontal Sliding Bar
1 Piece Vertical Sliding Bar
1 Piece Pushthrough Bar
1 Piece Rolldown Bar
1 Jumpboard


## DESCRIPTIONS

- Bushing system which allows infinite level adjustment instead of the old style hooked Tower pipes
- PushThrough Bar with unlimited and easy up and down adjustment thanks to this bushing system.
- Height-adjustable cage system allows workouts even in low-ceilinged spaces.
- Tower spring made of 12 pcs nickel plated steel.
- Bid farewell to tower pipes nickel-plated on iron and say hello to your tower attachment made of 100\% chrome material. Even the smallest details were taken care of. All bolts and joints, including the carabiner lock systems used on the tower, were subjected to special coating processes and the risk of tarnishing and corrosion has been eliminated.






## Zi Combo Reformer Cadillac

SKU: Z00014

## TECH

Experience nearly-zero-silence driving pleasure with the new generation Silent Drive wheel system.

We have brought great innovation to the pulley systems used in Reformer machines so far. Now, thanks to the pulley system with an ability of 360degree mobility, raspy noises, especially in circle movements, are completely isolated.

With our newly developed spring technology, it is impossible to hear the smallest popping out, resonance and similar sounds in the springs. A more comfortable driving experience than ever before is now waiting for you.

The Reformer springs are made of nickel pilated steel.


## Zi Combo Reformer Cadillac

## SKU: Z00014

- Body made of solid beech wood.
- Slide system with 5 springs
- The possibility of driving in silence close to zero decibels thanks to Silent Drive driving technology.
- Thanks to the improved footbar system, you can easily switch to any of 4 different footbar angles you need without straightening yourself up.
- Gearbar with 3 different resistance levels.
- One-hand adjustable head setting optimized for 3 different neck positions
- Resistance spring made of 5 pcs. nickel plated stainless steel. (light, medium, medium-hard, hard)
- Meet the improved spring technology that prevents springs from popping out and making raspy noises. You will no longer hear any slightest rattle from your springs.
- Foam mattresses without any collapse problem.
- Adjustable and removable shoulder heads for wide and narrow shoulder sizes
- Meet the new generation of pulley heads, which we have developed to eliminate raspy noises caused by reels, especially in circular movements. Now your workouts are in zero silence!
- Footbar made of rubber and coated with antibacterial leather that prevents your feet from slipping, turning and possible injuries.
- It has never been easier to slot the jumping board. Thanks to the newly developed system, simply put the jumping board into place in a few seconds without interrupting your workout.


## DIMENSIONS

$240 \times 70 \times 55 \mathrm{~cm}$ - Total Ground Clearance : $200 \mathrm{~cm} \sim 220 \mathrm{~cm}$ ( Adjustable by customer ) $240 \times 70 \times 35 \mathrm{~cm}$ - Total Ground Clearance : 200 cm


## Zi Combo Reformer Cadillac

SKU: Z00014

INCLUDED ACCESSORIES:

- 1 Pair Double Loop Handle
- 1 Pair Rope
- 1 Piece Box
- 1 Piece JumpBoard
- 1 Piece Yellow, 1 Piece Blue, 1 Piece

Green, 2 Pcs Red Springs On The Reformer

- 2 Pcs Blue (long), 2 Pcs Blue (short), 2 Pcs Red (short), 2 Pcs Yellow (long), 2 Pcs Yellow (short), 2 Pcs Black (short) On Cadillac
- 1 Piece Wooden Swing
- 1 Piece Under-swing Band
- 1 Double Fuzzy Loop
- 1 Piece Of Safety Strap
- 1 Piece Footstrap
- 1 Pair Wood/leather Rotatory Handle.
- 24 Pcs. Special Coated Non-tarnishing

Carabiner.

- 1 Piece Horizontal Sliding Bar
- 1 Vertical Sliding Bar
- 1 Piece Mat Converter
- 1 Piece Pushthrough Bar
- 1 Piece Rolldown Bar

CADILLAC REFORMER ADDITIONAL SPECIFICATIONS (IN ADDITION TO REFORMER SPECIFICATIONS)

- Bushing system which allows infinite level adjustment instead of the old style hooked Tower pipes.
- PushThrough Bar with unlimited and convenient up and down adjustment thanks to this bushing system.
- Height-adjustable cage system allows workouts even in low-ceilinged spaces
- Cadillac spring made of 12 pcs nickel
plated steel.
- Bid farewell to tower pipes nickel-plated on iron and say hello to your tower attachment made of $100 \%$ nickel plated steel. Even the smallest details were taken care of. All bolts and joints, including the carabiner lock systems used on the tower, were subjected to special coating processes and the risk of tarnishing and corrosion has been eliminated.





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## Zi SpringWall

## SKU: Z00015

The Springwall unit is a compact Pilates equipment that takes on many tasks of the Reformer tower extension in confined spaces. Since it is mounted flat on the wall, the space it occupies in your studio or room is only 5 cm . This compact design is delivered with stainless connection points through which you can set up to 10 different spring levels and with a wooden bottom bar to take support during your workouts.


Zi SpringWall SKU: Z00015

The most important point of the spring operating mechanism on the springwall is that it provides safety and consistent resistance. When this safety and consistent resistance is integrated into a zero-silence operating mechanism, you'll have workouts that you indulge in excellently ZizziTM's own and unprecedented new generation spring technology was specially designed for the Reformer. Unlike nickelplated steel, the reformer springs, which are put into their final form passing through special brushing techniques after being made of 0 stainless steel, shine as if they were subjected to a coating process and do not lose their first day's brightness for years. Stainless steel material does not corrode and tarnish. Thanks to special color-coded hooks, tapered tips and Zizzi's own special spring-head technology, you do not have problems with springs such as popping out and resonance.


## INCLUDED ACCESSORIES

## SPRINGS

- 2 Pcs Long Yellow
- 2 Pcs Long Blue
-2 Pcs Short Blue
-2 Pcs Short Red


## ACCESSORIES

-1 Pair of rotatory handle made of Wood and leather
-1 Pair of doubleloop hand and foot Strap
-1 Piece rolldown bar
-16 Pcs nickel coated special carabiner


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## Zi Chair

## Zi Chair

Combo Chair is a multi-functional pilates machine that can be adjusted to exercise all muscle groups. With this small pilates machine, it is aimed to strengthen upper and lower body muscle groups, gain condition, increase body control and increase balance development. It is used in combination with full body exercises for rehabilitation of standing upright and sitting disorders and re-balancing muscle groups. This multifunctional pilates machine with its compact and portable design is suitable for studios, clubs and homes.


Made of prime quality beech plywood. Antibacterial, non-wrinkle artificial leather. 2 pcs black (hard), 2 pcs white (soft) springs. 2 Level adjustable spring connection points. Possibility to use double pedal, single pedal. Combo handles adjustable in 3 different height
positions.

## TECHNOLOGIES

With our newly developed spring technology, it is impossible to hear the smallest popping out, resonance and similar sounds in the springs. A more comfortable driving experience than ever
before is now waiting for you.
The springs are made of stainless steel and are
not subjected to any coating process.




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## Zi Ladder Barrel

## Zi Ladder Barrel

The ladder barrel is a pilates equipment that
challenges all pilates enthusiasts from beginner level to best-conditioned sportsperson during core
stabilization and strength training. This equipment is designed for high-level core conditioning, flexibility and mobilization


## Zi Ladder Barrel

SKU: Z00017

- Barrel area is made of beech plywood
- Ladder area is made of solid beech wood.
- Antibacterial, non-wrinkle artificial leather is used.
- The sponge used in the Barrel area has a lifetime guarantee against collapse.
- A smooth appearance is achieved on the side surfaces thanks to the hidden screwing system.
- 4 pcs. ladder rail fixing pins.



Accessories

## Accessories

## Zi Reformer Spare Wheel*

SKU: Z00017


Specially designed for
silent driving in
reformers. Bearings are included in the price.
*Some pictures shown are for illustration purpose only. Actual product may vary due to product enhancement.

## Zi JumbBoard

SKU: Z00018


An attachment that offers a variety of exercises to your Jumpboard Reformer. As well as jumping exercises, it allows you to switch to biomechanical posture while stretching out on the Reformer.

Compatible with all Zizzi Reformers and Cadillac purchased after 2017.

## Zi Spine Supporter

SKU: Z00019

It is used on the reformer or mat to stabilize the spinal cord and reduce neck tension during exercise. It is generally preferred by people with weak lower back muscles, by women who want to adjust their posture during pregnancy, and for the appropriate position form for abdominal exercises.

## Accessories

Zi Tower Upgrade
SKU: Z00020


100\% Chrome profiles, infinitely adjustable bushing system, stainless steel special springs with tapered heads, handmade handles made of perfect harmony of wood and leather and pleasant workouts. You can upgrade your reformer with this attachment package and add hundreds of new movement capabilities to your workouts.

Included Accessories

8 Pcs Tower Springs
1 Piece Pushthrough Bar
1 Piece Rolldown Bar
1 Pair Wooden Leather Handle
1 Pair Handle
16 Special Coated Carabiners
4 Pcs Connection Adapters And Required
Mounting Screws.
1 Piece Mat Converter

Zi Reformer Shoulder Head
SKU: Z00021


Compatible with Reformer and Combo Cadillac models. Thanks to its curved design and ideal softness, it fits snugly on the shoulders and relieves the load. Filling material used does not collapse
over time.

Color: Black

[^0]
## Accessories

Zi Wooden Swing
SKU: Z00022


Compatible with Cadillac and
Reformer Cadillac. It is delivered with
strap and 2 pcs coated special
carabiner hanging on the underside

Zi Wood Handle
SKU: Z00023


The perfect harmony of wood, leather and stainless steel.

With this handle crafted with fine hand workmanship, you will give a decorative atmosphere to your studio and you will be able to carry out your exercises correctly by preventing the load on your wrists with its rotatory design
while performing arm movements. Compatible with Reformer, Cadillac, Combo Cadillac and SpringWall unit.

Color: Anthracite Leather/Wood

Zi Safety Band
SKU: Z00024


It is used for fast fixing of the PushThrough Bar on the Tower and Cadillac and for ensuring its safety.

Unlimited belt system allows extremely
simple and infinite adjustment.

Length: 2 meters

## Accessories

## Zi JumpBoard Link Pin (Pair)

SKU: Z00025


The pins used for JumpBoard connection in the Reformer and Combo Cadillac

Zi Roll-Down Bar
SKU: Z00026


Made of solid beech wood. Compatible with Reformer, Cadillac and Reformer Cadillac.

Zi Carabiner (10 pcs in a package)
SKU: Z00027


Carabiners, which are the most hand-touching parts on especially the Reformer and Cadillac with Tower attachment, oxidize and tarnish over time under normal circumstances. Our specially manufactured coated spring carabiners as a solution to this do not tarnish over time and do not lose their first-day brightness.

## Accessories

## Zi Reformer Rope

SKU: Z00028


High strength ropes used on reformer
machines. Coated special carabiners at the joints eliminate the risk of tarnishing and rusting over time. The oscitation rate is $3 \%$,
Compatible with Reformer and Combo Cadillac.

Zi Footstrap
SKU: Z00029


It is used as a foot band in reformer machines and under the cadillac swing.

Delivered in pairs.
Length: $2 \times 3$ meters
Color: Black
Thickness: 8mm

## Springs

## Zi Reformer Spring (Stainless Steel)

SKU: Z00030

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indulge in excellently. ZiPilates ${ }^{T M 1}$ own and unprecedented new generation spring technology was specially designed for the Reformer. All steel parts are plated with nickel chrome. It does not lose its clean and
bright appearance on the first day for many years.
Thanks to special color-coded hooks, tapered tips and ZiPilates' own special spring-head technology, you do not have problems with springs such as popping out

[^1]

## Springs

## Zi Reformer Spring Set (5 pieces - Stainless Steel)

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SKU: Z00031
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## Springs

## Zi Tower Spring Package (Stainless Steel)

SKU: Z00032

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For user manual please visit zipilates.com/user-manual or scan the QR Code here

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[^0]:    Product is delivered with its mounting screws. A cordless screwdriver may be required for installation.

[^1]:    and resonance.

